

Cedarville Middle and High School

Student Athletic Handbook

PHILOSOPHY

The mission of the Cedar Cliff Local School's athletic program is to complement students' educational experience by providing a rigorous athletic program that continuously supports the development of character, school pride, and athletic skills.

Our Beliefs:

- We believe that students' academic success is our highest priority and can be enhanced by athletic achievement.
- We believe a competitive athletic program develops lifelong values and skills.
- We believe winning is an attitude resulting from optimum preparation, concentrated effort, deep commitment to excel and a love for the game which creates an attitude and environment for athletic success.

DEFINITIONS

- **Athlete** – A student is considered an athlete once he/she has attended a practice of an official athletic team. He/She will be considered an athlete for the duration of his/her athletic eligibility (grades 7-12). Managers and trainers are considered athletes and must obey the same rules. Further, any student choosing to participate in extra-curricular activities or athletics must be considered a full-time student as defined by Cedar Cliff Local School district policy (unless participating through the home-school option). A student is considered full-time by enrolling in (5) courses in a (7) period day. These courses can be a combination of high school campus courses, CCP coursework, or courses taken through the Greene County Career Center. The student must enroll in five (5) periods regardless of the quantity of credit issued per period (1/4, 1/2, or 1 credit courses all meet this requirement).
- **Interscholastic Athletic Program** – All athletic teams in grades 7-12 that compete with other schools.
- **Extra-Curricular Program** – Extra-curricular activities are those activities that are sponsored, supported and identified by the Cedar Cliff Local School Board of Education. These programs are considered an extension of the “normal” school day.
- **Co-Curricular Program** – Co-curricular activities are out-of-class activities and competitions tied to a specific class. Participation in co-curricular activities is generally limited to students enrolled in the specific class. Participation may be mandatory and grades may be issued; however, students

enrolled in the associated class do not have to meet extra-curricular eligibility requirements. Examples are: Mock Trial in Business Law, Marching and Concert Bands in Band, FFA activities in Agricultural Science, etc.

- **Season** – The date established by the OHSAA for that sport to begin organized practice or any sub group to begin organized practice (i.e. Pitchers/catchers).

RULES AND REGULATIONS

The basic rules and regulations governing the athletic participation at Cedarville Middle and High School are divided into three categories:

- Those rules which are set forth by the Ohio High School Athletic Association.
- Those rules set forth by the Ohio Heritage Conference.
- Those rules set forth by the Administrative, Coaches, and Athletic Council of Cedarville High School.

The Cedar Cliff local school district strives to follow the guidelines set forth by the OHSAA. In the absence of a specific policy, the district will follow the guidelines established by the OHSAA for all athletic contests. Examples include (but are not limited to) drone usage, noise makers, megaphones, inclement weather (lightning), and spectator behavior.

The following rules will be distributed and reviewed by each athlete before the first practice of each season in which the athlete participates.

ATHLETIC PARTICIPATION FORMS

CEDAR CLIFF LOCAL SCHOOL POLICY – Before a student can participate in a practice or contest, he/she must turn in ALL required athletic forms. These forms must be properly completed and signed by a physician, athletic participant and the athletic participant's parent/guardian.

A physical form must be on file with the athletic director. Additional forms, required by the OHSAA, must be completed on-line within the first two weeks of the season. Failure to complete all forms within the above timeframe will result in the student declared ineligible.

INSURANCE

The OHSAA Catastrophic Insurance program covers all athletes. These insurance benefit payments start at \$25,000.00. In addition, all athletes' insurance coverage (or a personal release form) assures coverage to \$25,000.00.

PRACTICE PERIODS

Practice Periods will commence daily at the close of school unless otherwise noted.

The Cedarville High School Athletic Council and Coaching staff believes that practices are essential for game preparation and team moral. ***Excused Absences*** for athletes include serious illness or injury, family emergencies or circumstance discussed/approved by the head coach ***prior to the missed practice***. Just as the students in the academic classroom are required to do academic “make-up” work, students who have excused absences will also be required to do “make-up” conditioning. This “make-up” conditioning may consist of laps, sprints and/or other physical activities as the coach deems necessary to rebuild the athlete’s conditioning levels. ***Unexcused Absences*** are any practices missed without the coach’s prior knowledge or permission and result in disciplinary action as well as the possibility of being suspended from specific games and/or removed from the team. **Consequences for unexcused absences are at the coach’s discretion as stated in his/her team rules on record in the Athletic Director’s Office.**

Individual coaches have the discretion to determine a practice attendance policy. While the district strives for consistency in its programing, the administration understands individual seasons and sports are faced with unique circumstances. Therefore, parents and students must understand there may be different requirements for excused/unexcused absences based on individual coach parameters.

In order for a student to be excused from a practice over the holidays or spring break, he/she must have made arrangements with the head coach ***one week*** in advance; otherwise the practice will be unexcused, resulting in disciplinary action.

An athlete who needs medical attention due to an injury sustained during an athletic practice, event or contest should notify his/her coach immediately to file an injury report.

PRACTICE GUIDELINES

Practice sessions are a very important part of the learning process in athletics. Athletes are expected to attend all practice sessions. Coaches will have team rules covering missed practice and games. Facilities, personal work schedule of the coach, conflicts with other activities and the weather has an effect on when practices are scheduled.

Practice or team activities on Sundays and legal holidays (very rare occasions) must be approved by the High School Principal and Athletic Director. These practices will not be mandatory. Practice on a school day is limited to three hours in length (two hours recommended). A practice schedule with dates and times will be handed out at the beginning of the season by the head coach.

Please be aware schedules do have to be changed from time to time. Coaches will try their best to have players out on time. If picking up a player on time becomes a problem, the athlete will be dismissed from the team! Coaches are not permitted to leave the facility until all their players are gone.

* All practice and contest guidelines will follow OHSAA, ODH, and Cedar Cliff COVID-19 protocols as long as those guidelines are required/suggested.

GROOMING AND UNIFORMITY IN ATHLETIC APPEARANCE

Appearance, expression, and actions always influence people's opinions of athletes, the team, and the school. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in this community. It is a privilege and honor to participate in Cedar Cliff Local School's Athletic Program. In order to outwardly reflect the spirit of "Indian pride", all athletes must abide by the CHS and Coaches' guidelines. Athletic participants must also dress for contests in a manner consistent with OHSAA rules and CHS guidelines:

Shirts tucked in
Pants around the waist, no underwear showing
No torn or tattered clothing, bandanas

PROFANITY AND OBSCENITY

An athlete will not be permitted to use profanity or obscenities during any practice and contest in which he/she is representing the Cedar Cliff Local School District. Coaches and the Athletic Director will administer disciplinary action for profanity and obscenity. In severe cases, the athlete may also be referred to the administration offices for disciplinary action.

HAZING/INAPPROPRIATE CONDUCT

All athletes shall abide by a code of ethics earning them the honor and respect that participation and competition in the interscholastic program affords. In addition, the community, school administrators and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the students is our major consideration and transcends any other consideration. ***Therefore, any conduct that results in dishonor to an athlete, the team or the school will not be tolerated.***

Example acts of unacceptable conduct include actions such as, but not limited to, theft, vandalism, disrespect, immorality, or violations of the law. ***Hazing or any type of initiation of students will not be permitted.***

Due to the serious nature of this rule, the coach involved, the Athletic Director, and the Principal shall meet and determine the penalty according to the degree of the infraction. The penalty can be a maximum of denial of participation for the remainder of a student's athletic high school career.

AWARDS PROGRAM RECOGNITION

An athlete is encouraged to attend the awards program (in his or her sports season) in order to receive an award.

Appropriate dress is encouraged for the Awards Ceremony.

For male athletes...Collared shirt
Khaki/dress pants (No shorts)
Dress/Athletic shoes (No sandals/Flip-flops)

For female athletes...Dress/Skirt (appropriate school length)
Dress pants
Dress/Athletic shoes (No Flip-flops)

TRAVEL TO/FROM ATHLETIC COMPETITIONS

Travel to and from athletic contests or scrimmages will be in buses provided by the school, or in special cases, adults in private automobiles approved by the athletic director.

Athletic participants in high school will have **TWO** passes per sport season *for emergency situations only* in which he/she are unable to ride the bus to or from the athletic competition. The athlete should make and provide the request in written form to the head coach and athletic director. Once the head coach and athletic director approve the request, the athlete and cheerleader will only be released to his/her parents.

Athletic participants in middle school will have **TWO** passes per sport season.

* Students who do not wish to meet COVID-19 requirements may be excused from the transportation requirements with administrative/coach approval provided they are being transported by their own parent/guardian.

ATHLETIC SUPERVISION AND CONDUCT AT AWAY GAMES

Athletes are especially reminded that at away games they are the guests of the host school; therefore, they should treat the opposing team members, coaches, officials, and fans with the utmost respect. Athletes are under the supervision of their coach from the moment they step onto the bus until they return to the school.

ATHLETIC SUPERVISION AND CONDUCT AT HOME GAMES

Athletes must be supervised at all home events in which they participate. Athletes should arrive *when coaches are present for supervision*. Students are only allowed in the gym areas for practice; a student found in other parts of the school building may receive disciplinary action.

A coach and/or his/her representative must be in attendance before, during and after a practice or if his/her athletes are in the building.

OVERNIGHT TRIPS

Regardless of whether the trip is co-curricular, part of a class/grade experience, or athletic in nature, the trip *shall not* be mandatory for parent expense or student participation.

Any overnight trip should be an extension of the athletic programs and shall not be chosen merely as an "entertaining" or "fun" experience.-

The administration shall consider the cost to the student's family before approving and/or recommending a trip to the Board of Education for approval. The understanding that not all families have the same resources should be strongly considered.

The Booster groups should not be approached or expected to fund any overnight trips as this puts one group against others in rank of importance.

The administration should consider time away from school/classes and avoid missing class time at all costs--this is for both the student and staff consideration/benefit.

Athletic summer camps/trips should avoid the need to stay overnight as there are ample opportunities for student-athletes to compete within a radius to allow students to remain at home and thus reduce expenses for families.

In season overnight athletic trips should be avoided, unless there is an opportunity to showcase Cedarville HS student athletes to collegiate coaching and/or to promote the athletic program OR it is a part of the OHSAA tournament experience. Additionally, the administration shall consider the loss of athletic events for the reserve varsity level if the varsity level athletes are invited to attend an in-season contest.

All chaperones shall be thoroughly vetted and take part in a criminal background check prior to assisting in overnight experience with Cedar Cliff students.

Coaches/Advisors/Staff should have the overnight trip approved prior to any meetings with students/families in an effort to alleviate any misunderstanding about the certainty of the trip/experience. In essence, the individual in charge should, at the very least, "run it by the administration" for guidance before expressing to students/the public about the trip's itinerary.

ABSENT FROM SCHOOL ON A CONTEST DAY

Athletes must be in attendance by **8:25 A.M.** to participate in extra-curricular activities. Any athlete absent during any of the seven class periods for legal or medical appointments must bring an excuse from the legal or medical professional on the day of the appointment to the middle/high school office as well as the coach/advisor to be able to participate. Other circumstances will be at the discretion of the high school principal. In this, and in all other areas regarding interscholastic athletics, Cedarville High School complies with the directives of the Ohio High School Athletic Association.

It is the student's responsibility to inform his/her coach and/or advisor that he/she is not permitted to practice or participate in extra-curricular activities when failing to meet attendance requirements. If a student violates the attendance policies and participates in practice competitions or performances, he/she will not be permitted to

participate in the next two day's practices/activities/performances upon discovery of the infraction.

* Students who face quarantine due to a COVID-19 illness will not be permitted to participate in athletics or extra-curricular activities during the quarantine period.

PARTICIPATION IN MORE THAN TWO SPORTS IN ONE SEASON

Cedar Cliff students in grades 7-12 will be permitted to participate in **ONE** school sponsored sport per season. Should students choose to participate in a non-school athletic sport in addition to the school sport; the school sport practices and contests will take precedence in regards to practice times, competitions and other events such as Sports' Awards.

MEDICATIONS

Coaches shall not administer medication, including aspirin, to athletes at any time. They are permitted to dispense Tylenol to an athletic with prior written parental consent.

WITHDRAWAL OR DISMISSAL FROM SPORTS

Any High School athlete who is dismissed from one of the school's athletic teams/squads or chooses to quit a team may not join another team/squad unless it is within the first week of the season. Further, the athlete must have the permission of the coach, athletic director and principal before joining the other school sponsored activity. After the first week, permission will not be granted per this policy.

Any Middle School athlete who is dismissed from one of the school's athletic teams/squads or chooses to quit a team may not join another team/squad unless it is within the first two weeks of the season. Further, the athlete must have the permission of the coach, athletic director and principal before joining the other school sponsored activity. After the first two weeks, permission will not be granted per this policy.

Further, any athlete who is academically ineligible at the beginning of the quarter will not be permitted to participate on any team unless any/all eligibility issues are rectified by the end of the first week of practice (i.e. a student who has an incomplete grade has one week to complete all missing assignments or is ineligible for that athletic season). ***Any student is academically ineligible, by OSHAA standards, will not be permitted to practice with the team or participate as a team member for the remainder of the season once the first week's probationary period is completed.***

SPORTSMANSHIP

Athletes must demonstrate good sportsmanship as promoted by the OHSAA, the Cedar Cliff Board of Education, the athletic council, administration and coaches.

Unsportsmanlike behavior such as throwing helmets, batting helmets, rackets, receiving technical fouls, kicking chairs, etc. will not be tolerated and immediate disciplinary action will occur.

INCLEMENT WEATHER

When hazardous road conditions exist to close school or exist on non-school days, special attention is given to assure the safety of all students involved in extra-curricular activities. **ALL** athletic activities at the Middle School level will be cancelled. Decisions about holding athletic events at the High School level will be determined by the Superintendent. **Practices, if held, will not be mandatory.** Canceling and rescheduling O.H.S.A.A. sponsored tournaments will be at the discretion of the O.H.S.S.A.

MIDDLE SCHOOL ATHLETIC COLD WEATHER GUIDELINES: PRACTICE PROTOCOL

Wind chill above 32° normal practice just monitor high-risk athletes

Wind Chill Factor 33-35° F with Precipitation:

- 35 min. of exposure/20 min. inside gym (may return outside after 20 min.)
- Dry clothing (socks, gloves)
- Athletes must be dressed in warm-up with extremities covered**

Wind Chill below 32° F outside practice will be terminated and all practices moved inside.

HIGH SCHOOL ATHLETIC COLD WEATHER GUIDELINES: PRACTICE PROTOCOL

Wind chill above 32° normal practice just monitor high-risk athletes

Wind Chill Factor 33-35° F with Precipitation:

- 35 min. of exposure/20 min. inside gym (may return outside after 20 min.)
- Dry clothing (socks, gloves)
- Athletes must be dressed in warm-up with extremities covered**

****Ensure that all students are dressed appropriately with clothing including (wearing a hat that covers the ears, some sort of gloves to cover the hands, as well as clothing that covers the arms and legs)****

Cold Weather Caution:

- When temperature or wind chill (which is lower than actual temperature) is from 40° F- 32° F
- No modification of practice, but a warning will be given to coaches and athletes
- Coaches and Athletic Trainers emphasizing the importance of following UIL Cold Weather Illness

Recommendations.

- Watching those “high risk” athletes
- Ensure that all students are dressed appropriately with clothing including (wearing a hat that covers the ears, some sort of gloves to cover the hands, as well as clothing that covers the arms and legs)

Cold Weather Warning:

--Athletic Director and Coach(es) will discuss all weather conditions (temperature/precipitation/wind) and determine the possibilities and limitations of outside practice. The AD will have final approval.

Cold Weather Termination:

- When temperature and/or wind chill reaches 32° F and below, there may be a termination of outside practices and games.
- When Wind Chill of 10⁰ or below will automatically terminate outside practices.

When temperature or wind chill is from 31° F to 11° F, there will be a modified outside participation of 35 minutes and 20 minutes inside.

- Warm-up to be started indoors (stretching, etc.) to not take away from 35 min.
- After the 35 minutes outside they may continue inside for 20 minutes. After the 20 minutes they may return outside
- A practice that keeps individuals moving, try to avoid working up a big sweat in the first 20 minutes, having them be wet, and then sit around watching.
- Wearing a hat that covers the ears, some sort of gloves to cover the hands, as well as clothing that covers the arms and legs are required.
- Keeping a very close eye on those “high risk” athletes
- If available, a cool-down indoors.

*****Athletes that are classified as HIGH RISK are athletes that have one or more of the following:**

- Asthma
- Severe Allergies
- Heart Disease Issues

MIDDLE SCHOOL AND HIGH SCHOOL ATHLETIC HOT/WARM WEATHER GUIDELINES: PRACTICE PROTOCOL

The Cedar Cliff Local School District follows the OHSAA guidelines on heat/warm weather athletic competition. Those guidelines include the following information and shall be monitored by the Athletic Director and/or the Athletic Trainer.

WBGT	Recommendation (Korey Stringer Institute & KSM Guidelines)
<79.7°F	Normal activities Three separate 3 minute breaks per hour
79.8-84.6°F	Three separate 4 minute breaks per hour Helmets and other equipment should be removed when athlete not directly involved with competition, drill or practice and it is not otherwise required .
84.7-87.6°F	Maximum practice time of 2 hours Four separate 4 minute breaks per hour. FB: Limit to helmet, shoulder pads, and shorts during practice. Consider postponing practice to later in day Allow athletes to change to dry shirts and shorts at defined intervals.
87.8-89.7°F	Maximum of 1 hour of training with four separate 5 minute breaks in that hour. No additional conditioning allowed. FB/LAX: no helmets, shoulder pads, or other equipment is permitted. Consider postponing practice to later in day Allow athletes to change to dry shirts and shorts at defined intervals.
>89.8°F	No outdoor workouts No indoor workouts unless air conditioned

Heat Index Rules:

OHSAA HEAT REGULATIONS

This procedure is to be used until such time as the temperature is below 84 degrees as no combination of heat and humidity at that level will result in a need to curtail activity.

1. Thirty minutes prior to the start of activity, temperature and humidity readings should be taken at the site.
2. The temperature and humidity should be factored into the Heat Index Calculation and Chart and a determination made as to the Heat Index. If schools are utilizing a digital sling psychrometer that calculates the Heat Index, that number may be used to apply to the table.
3. If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every thirty minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume.
4. Using the following table, activity should be altered and/or eliminated based on this Heat Index as determined:

Under 95 degrees Heat Index:

- Optional water breaks every 30 minutes for 10 minutes in duration to allow hydration as a group.
- Have towels with ice for cooling of athletes as needed.
- Watch/monitor athletes carefully for necessary action.
- Re-check temperature and humidity every 30 minutes if temperature rises in order to monitor for increased Heat Index.

95 degrees to 99 degrees Heat Index:

- Water shall always be available and athletes shall be able to take in as much water as they desire.
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow for hydration as a group.
- Have towels with ice for cooling of athletes as needed.
- Watch/monitor athletes carefully for necessary action.
- Helmets and other equipment should be removed when athlete not directly involved with competition, drill or practice and it is not otherwise required by rule.

Notes: Reduce time of outside activity. Consider postponing practice to later in the day. Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.

100 degrees (above 99 degrees) to 104 degrees Heat Index:

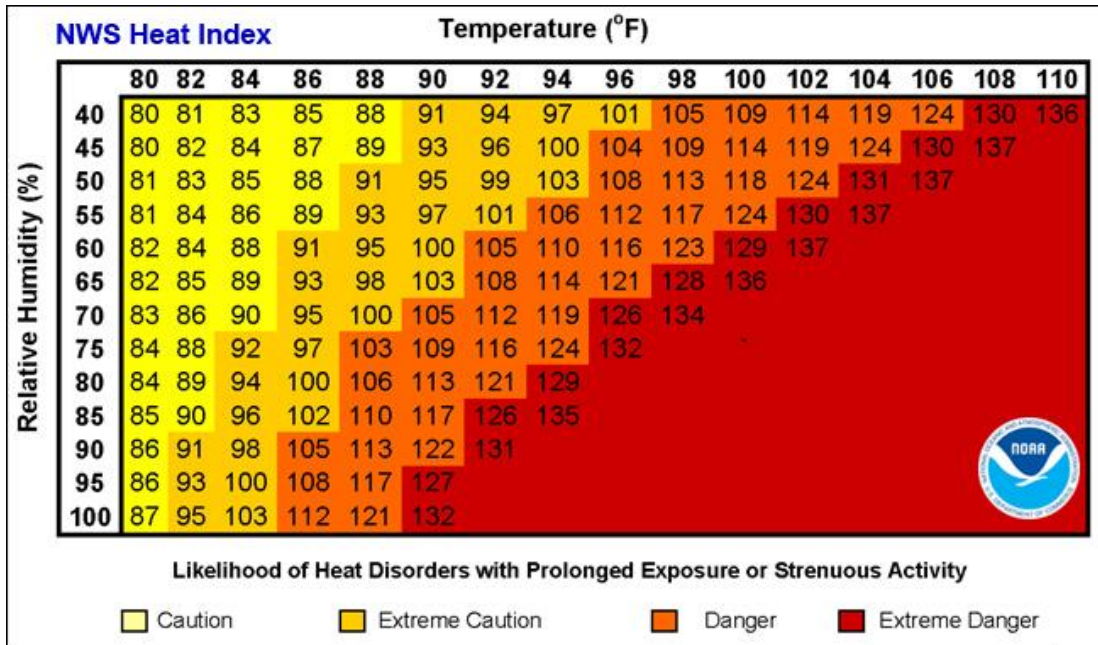
- Water shall always be available and athletes shall be able to take in as much water as they desire.
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow hydration as a group.
- Have towels with ice for cooling of athletes as needed.

- Watch/monitor athletes carefully for necessary action.
- Alter uniform by removing items if possible and permissible by rules.
- Allow athletes to change to dry shirts and shorts at defined intervals.
- Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
- Postpone practice to later in day.
- If helmets or other protective requirement are required to be worn by rule or normal practice, suspend practice or competition immediately.

Note: Re-check temperature and humidity every 30 minutes to monitor for changes in Heat Index.

Above 104 degrees Heat Index:

- Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.



Continue for Heat Related Illnesses and Treatment Protocol:

Types of Exertional Heat Illness

Exertional heat illnesses (EHI) can vary in symptoms and severity. Exercise associated muscle cramps, heat syncope, heat exhaustion, and heat stroke are the most common heat illnesses affecting athletes.

Exercise Associated Muscle Cramps (EAMC)

Symptoms of EAMC include visible cramping, pain, dehydration, thirst, sweating, and fatigue. Current research indicates that some athletes may experience dehydration and loss of fluids and electrolytes along with EAMC, this is not necessarily the cause. Studies indicate that neuromuscular overload and fatigue may be the main cause behind EAMC. The most successful treatment for EAMC is stretching. If cramping symptoms persist, seek further medical attention. Patients typically can return to activity when symptoms resolve.

Heat Syncope

Heat syncope is also known as exercise associated collapse. Symptoms include fainting, dizziness, tunnel vision, pale or sweaty skin, and decreased pulse rate. Treatment includes moving the patient to a shaded area, monitoring vital signs, elevating the legs, cooling the skin, and drinking fluids. Patients should not return to activity on the same day but may return when symptoms resolve, and any other causes have been ruled out.

Exertional Heat Exhaustion

Symptoms of exertional heat exhaustion include fatigue, fainting, collapse, headache, dizziness, mild confusion, weakness, low blood pressure, vomiting, and nausea. Core body temperature during heat exhaustion is under 104°F. Treatment includes removing excess equipment and clothing, moving the patient to a cool or shaded area, fans and ice towels to assist in cooling, and

elevating the legs. If symptoms do not improve, seek further medical treatment. Patients should not return to activity on the same day and should follow a gradual return progression after 24-48 hours.

Exertional Heat Stroke (EHS)

The most serious and life threatening of all EHIs is exertional heat stroke. The first 2-3 weeks of preseason practice, especially for equipment intensive sports, are greatest risk for EHS. Symptoms include disorientation, confusion, dizziness, loss of balance, staggering, irritability, unusual behavior, apathy, aggressiveness, hysteria, delirium, collapse, loss of consciousness, and coma. Patients may also have low blood pressure, hyperventilation, and hot, sweaty skin.

Key to differentiating between heat exhaustion and heat stroke is the patient's core body temperature. Core body temperature is assessed by using a rectal thermometer. Core temperature of over 104°F indicates heat stroke.

The two most important factors in surviving EHS are how high the core body temperature is and how long they stay above 104°F. The quicker the body temperature is brought below 104°F, the better the chance for survival.

Treatment for EHS is full body cold water immersion. The patient's core temperature is monitored during treatment. Once core temperature is below 102°F, the patient should be transported via ambulance to the nearest hospital for further treatment. Patients should be cleared by their doctor before resuming a gradual return to activity.

If not treated promptly EHS can lead to organ failure and death.

Why assess core temperature?

Core temperature must be assessed in suspected cases of exertional heat stroke to rule out other causes such as rhabdomyolysis, sickle cell trait, hyponatremia. Determining a correct diagnosis is essential in correctly treating the patient. Kettering Health Network athletic trainers will assess core temperature using digital rectal thermometers with flexible probes and will take steps to minimize exposure of the patient. Assessing and monitoring core temperature is the gold standard of the National Athletic Trainers' Association and the American College of Sports Medicine for diagnosis and care of exertional heat stroke.

Prevention of Exertional Heat Illnesses

Using Wet Bulb Globe Temperature (WBGT) as a guideline for activity levels is important in prevention of EHI. WBGT takes into account the temperature, humidity, wind speed, sun angle, and cloud cover. This measurement is different than heat index, so the numbers may not be what you expect to hear. However, WBGT is the most appropriate measure for heat stress when dealing with physical activity. Athletic trainers from Kettering Health Network monitor WBGT during activities and inform coaches and school administration of proper recommendations and adjustments to be made.

Following proper acclimatization guidelines is key in preventing EHI. Staying hydrated, having a balanced diet, and adequate sleep are also important in prevention. Be aware that having a history of previous EHI is a predictor of an EHI occurring again. Risk factors for EHI include: viral infection, poor physical condition, electrolyte imbalance, high BMI, exercise intensity, overzealousness, and taking medications and supplements including but not limited to: stimulants, antihistamines, antipsychotics, and anticholinergics.

Questions or Concerns

If you have any questions, please contact your Kettering Health Network Sports Medicine Department Manager.

- **Dayton Sports Medicine Institute - 937-401-6400**
- **Kettering Sports Medicine - 937-395-3903**
- **Fort Hamilton Sports Medicine – 513-867-2473**

PARTICIPATION FEES

A minimal participation fees will be collected to help defray the expenses of the Athletic Program at Cedarville High School. The participation fee must be directly paid to the Athletic Director's office within the first two weeks of the season or the athlete will be declared ineligible.

ELIGIBILITY

CREDIT REQUIREMENTS

The number of credits passed, NOT the number failed, as well as a grade point average (GPA) determines academic eligibility. A pupil must have passed subjects the preceding grading period that would be equivalent to five (5) or more credits that count toward graduation. In addition, a GPA of 1.5 or higher must have been earned the previous nine-week grading period. If the grading period is the last one in the semester, the student must also pass five (credits) for the semester. **Students must meet the requirements of academic eligibility to try-out, practice, travel with and/or compete in extra-curricular activities and/or on athletic/academic teams, effective after the completion of the first nine weeks grading period in the fall.**

Only credits earned on campus and approved CCP count toward eligibility. CCP students must have faculty members assure CHS, in writing, of passing grades at the end of the nine weeks and at the completion of the course(s). An incomplete may be made-up within the specified time to regain eligibility (two weeks after the grading period ends); however, students are not permitted to participate in scheduled competitions until the incomplete work has been handed in and graded accordingly. Failing grades cannot be made up after the completion of the grading period. Summer school, night school, correspondence classes, etc. cannot substitute for failed courses.

AGE REQUIREMENTS

REFER TO OHSAA POLICY

RESIDENCY REQUIREMENTS (OHSAA Policy)

A student is eligible at the school located in the Ohio school district where the parent or legal guardian resides when all other eligibility standards are met. When there has been a change of custody, the student must reside in the same school district with the legal guardian. Eligibility requirements at a school are established by the Ohio High School Athletic Association and all questions regarding residency eligibility shall be referred to their office for final ruling:

While homeschool students may be able to participate in interscholastic athletics for district teams, they still must meet the same residency requirements as students attending district classes. Therefore proof of residence may be required for students in question.

A student from a foreign country may be eligible to participate in interscholastic athletics provided the student complies with all provisions set forth by the OHSAA and Cedar Cliff Local School District Policies.

EJECTION FROM A CONTEST (OHSAA Policy)

Any student ejected for unsportsmanlike conduct or flagrant foul shall be ineligible for the next two games (one game in football) in the sport from which the student was ejected. If the ejection occurs in the last game of the season, the student shall be ineligible for two games in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room or be affiliated with the team in any way traveling to, during, or traveling after the contests.

A student who is ejected a second time shall be denied participation for the remainder of the season in that sport.

DRUGS, ALCOHOL, AND TOBACCO

ATHLETIC SUBSTANCE ABUSE POLICY

Cedarville junior-high and senior high athletes shall abstain from the purchase, personal possession and/or use of:

1. tobacco or tobacco look-a-like
2. an alcoholic beverage
3. an illegal drug or and drugs of abuse or their look-a-likes
4. paraphernalia for illegal drug use

** Students caught using banned substances, or found to be in possession of banned substances, or having images posted in possession of banned substances via social media, shall be considered the same as a positive drug testing offense and therefore, placed in the appropriate consequence.*

***Further, if any inappropriate student behavior takes place on school grounds, at a school sponsored event, or in school transportation, additional punitive building-level consequences shall be addressed in accordance with school policy.*

DRUG TESTING POLICY CEDARVILLE HIGH SCHOOL

The Cedar Cliff Local Board of Education Drug Testing Policy was formed because of a concern that alcohol and illicit drugs may be used by Cedarville High School students ***and a sincere belief that some students would benefit with a valid a reason to avoid destructive decisions.*** The Cedar Cliff Local Board of Education desires to implement a policy which will attempt to provide this district with a safe and healthful student program. This policy reflects the Cedar Cliff Local School Board of Education and the community's strong commitment to establish a truly drug and alcohol free school program.

Because of the pervasive nature of drug use in many local schools, Cedarville High School has selected student athletes, students who participate in competitive extra-curricular activities, and students who, along with consent from their parents, volunteer to be tested, for inclusion in the testing pool (students whose parents opt-in for testing shall do so at their expense unless their financial situation warrants district assistance). This policy applies to all athletes, volunteers (managers) and extracurricular activities from grades 9-12.

PURPOSE OF THIS POLICY SHALL BE:

1. To provide a healthy and safe environment to all students participating in the athletic and extracurricular program. 2. To discourage all students from using tobacco, drugs and alcohol. Students will assume all responsibility for regulating their personal lives in ways that will result in their becoming healthful members of a team and worthy representatives of the school and community. 3. To provide students with the opportunity to become leaders in the student body for a drug free school. 4. To provide solutions for the student who does use drugs and alcohol. 5. To provide the school with positive guidelines and disciplinary policies for violations of the drug free policy. 6. To encourage those students who participate in athletic and extracurricular programs to remain drug free and alcohol free.

The program does not affect the current policies, practices, or rights of the District regarding student drug and/or alcohol possession or use, where reasonable suspicion is

established by means other than drug testing through this policy. The drug testing policy is non-punitive. Students involved in extra-curricular activities need to be exemplary in the eyes of the community and other students. The drug testing and education policy is designed to create a safe, drug free environment for students and assist them in getting help when needed. Although students risk the loss of continued participation in extra-curricular activities, no student shall be suspended or expelled from school as a result of any certified "positive" test conducted by his/her school under this program. No student will be penalized academically for testing positive for banned substances unless the student is found to be using banned substance on school property, on school transportation to a school event, or during a school event. The results of drug tests will not be documented in any student's academic record.

Any student in grades nine (9) through twelve (12) and his/her parent(s) or legal guardian(s) must first sign a drug testing registration/consent form in order to be eligible to participate in any one (1) or combination of the following:

- A. Athletics B. Extra-curricular activities other than athletics (Quick Recall / Drama Productions / Cheerleading)

DEFINITIONS

1. **STUDENT ATHLETE:** Any person participating in the Cedarville High School athletic program and/ or contests under the control and jurisdiction of the Cedar Cliff Local School District and/or the Ohio High School Athletic Association (OHSAA).
2. **EXTRACURRICULAR:** Any activity of a competitive nature that does not involve a grade.
3. **ATHLETIC SEASON:** In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of Cedarville High School awards program (or the end of the season if the awards program takes place before the sporting season ends) for that sport. There are three athletic seasons: Fall, Winter, and Spring. *Once entered, the student will participate in the drug testing program for 1 year from date of signing consent.*
4. **RANDOM SELECTION:** A system of selecting athletes for drug and alcohol testing in which each athlete shall have a fair and equitable chance of being selected each time selections are required.
5. **ILLEGAL/ILLICIT DRUGS:** Any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer. The Cedar Cliff Local School District may also test for Nicotine and Steroids.

6. **ALCOHOL:** Any intoxicating liquor, beer, wine, mixed beverage, or malt liquor beverage as defined in the Ohio Revised Code Section 4301.01. The term “alcoholic beverage” includes any liquid or substance, such as “near beer” which contains alcohol in any proportion or percentage. The term “alcoholic beverage” does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, provided the substance is a) authorized by a medical prescription from a licensed physician and kept in the original container, which shall state the student’s name and directions for use or b) an over-the-counter medicine.

POTENTIAL TYPES OF TESTING:

** The administration reserves the right to utilize one or both of the following testing methods.*

1. **TEAM TESTING:** At the beginning of each season, all eligible students may be required to submit to urine drug and alcohol testing. This testing may be completed within the first two weeks of the season on a specified date and time. The collection process will take place on school property or at a Board of Education approved testing facility. The Head Coach is responsible for ensuring that all student athletes and their parent/guardian/custodian properly sign the INFORMED CONSENT AGREEMENT prior to testing. Any student moving into the District shall be tested prior to the time he/she joins the team. *If a student selected for testing is absent or unavailable, he/she will automatically be scheduled for an alternative testing session.*

Students who have prior administrative approval and miss a team testing session will be eligible for athletic competition and practices. Students who do not receive prior administrative approval and miss the testing session will be ineligible from contests/games until the next testing session, but may continue to practice with the team.

However, students who missed the team testing session and wish to remain eligible may be able to participate in games/contests by scheduling a drug-testing session with the district drug-testing company but at family expense.

2. **RANDOM TESTING:** In-session random testing shall be done throughout the season. Each team may have up to 20% of its eligible students tested per random selection. A student may be tested more than once per season. In the event of a positive result, the specimen will be sent to a laboratory for confirmation of results and a certified Medical Review Officer will determine the results.

a. Random selection of student athletes: The administration will select a testing company that will use a system to ensure that students are selected in a random fashion. This

system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible student athletes.

b. Scheduling of random testing: Random testing will be unannounced. The day and date will be selected by the Principal/Athletic Director and confirmed with the building administrator. Random testing may be done weekly.

3. DRUGS FOR WHICH PARTICIPANTS MAY BE TESTED: LSD, Alcohol, Marijuana, Amphetamines, Methadone, Anabolic Steroids, Methaqualone, Barbiturates, Nicotine (Tobacco), Benzodiazepines, Opiates, Cocaine, Propoxyphene (Darvon), or Any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer.

4. COLLECTION PROCESS: (Urine Screens) Other testing types may apply. The student will be notified to report to the collection site. A specimen from the student will be collected as follows and all students must follow this process:

All students must have a picture ID or be identified by the Athletic Director or Principal. No exceptions will be allowed.

Drug testing area must be secured during the testing.

Only lab technicians and participating students shall be present in the actual testing area, but school personnel may be utilized to assist in set-up of the testing area and locating students selected for testing.” Privacy must be kept for all students.

The Athletic Director is responsible for ensuring that all of the forms are completed and signed by both parent/guardian/custodian and student. No student is to enter the collection site until forms and proper ID are completed.

When students arrive and cannot give a sample, they will need to start drinking water, pop or juice. After 36 oz. the human body will need to urinate.

No bags, backpacks, purses, cups, containers or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves or baggy clothing must be removed before entering the collection site. *Only one layer of clothing is permitted to be worn during the testing collection (Undergarments are not considered a layer of clothing for this purpose, therefore, clothing is limited to pants, one shirt/top, etc).* Any infringement of the rules will result in the student taking the test over.

Students processed by the lab technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area they will not be allowed to test. They are not to have contact with anyone until after the sample is given.

Students will be asked to hold out their hands and a sanitizer will be put on their hands or will wash hands with water. The bathroom personnel will add a dye to the toilet.

Students will be asked to urinate directly into the collection cup given to them by the lab personnel. The lab technician will stand outside the stall and listen for normal sounds of urination.

Any and all adulterations of the specimen will be detected and considered the same as a test refusal or 1st time infraction. (The lab checks every sample for adulteration, such as additives you drink or add to urine to change the sample.)

Adulterations: The administration may treat adulterations and diluted samples as first time offenses. They are not called positives but may have the same consequences. A retest will be required within 24 hours.

Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be screened or sent to the lab for immediate confirmation of tampering.

The sample must be taken in one attempt and be at least 30 ml in size. The student must hand the cup to the lab technician.

Students are not to flush the toilets or urinals. In the event that a student flushes the toilet he or she will be required to give a new sample immediately or the sample will be invalid.

With student watching, the lab technician will recap the sample and hand it to the student who must then return it to the intake technician. In the event that the student does not hand the cup directly to the intake technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or has contact with anyone, the sample will be invalid and the student will have to give another sample.

This collection procedure is subject to change because of procedural requirements by the testing agency. The School Board reserves the right to change the collection procedure to coincide with the testing guidelines set forth by the testing agency.

When using rapid screens, all non-negative screens will be sent out with a chain of custody to a certified laboratory for confirmation. A Certified Medical Review Officer will verify the positive test.

5. RESULTS OF A POSITIVE TEST: Any positive urine drug test results will be made known to the building administrator, who in turn will notify the parents/guardians/custodians and student.

6. IF A POSITIVE TEST OCCURS:

The first violation:

FIRST OFFENSE – Loss of participation in 40% of athletic contests, or 20% with enrollment in a drug education program, and the student shall be required to participate in an additional drug screening as a condition for reinstatement on a team (the drug screening may or may not have taken place before the suspension has been served, but the student shall participate in the next random drug screening as a condition for participation).

If there is not a sufficient amount of the season remaining to meet the 20% threshold, the penalty shall carry over to the next athletic season. For example, should an athlete be held from activity during the football season (2 games) but only one remains during the offense, the remaining 10% would carry to the next season. If this were basketball, then 10% of the basketball season (3 games) would be required to be in good standing. Parents will be responsible for paying any expenses incurred during the drug education/counseling process; however, the district will pay for additional testing requirements per this policy. Additionally, financial assistance for counseling *may* be available to those students receiving financial assistance from the district as indicated by the free-reduced lunch program, but only after any/all private insurance coverage has been utilized by the parents/guardians.

For the first positive result, the student athlete will be given the option of:

A) The student will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all counseling expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor. The athlete will be denied participation for a minimum of 20% of the season. The parent/ guardian/custodian and student will meet with the Athletic Director, the coach, and a building administrator to determine reinstatement.–The student will be required to participate in an additional drug screening in order to be reinstated in any activity

The 2nd violation

SECOND OFFENSE – Loss of participation for one calendar year or enroll in a drug education program, pass three subsequent drug tests, and the penalty will be reduced to a loss of the remainder of the current athletic season/extra-curricular event, AND 30% of the next two seasons in which the student participates. For example, if a student has a

positive result during the football season, he would miss the remainder of the season and, if enrolled in a treatment program, will miss 30% of the next two seasons/activities that student participates. Additionally, the student must finish each season/activity in good standing (not quit or removed from team).

Any removal from an activity shall not constitute one of the two seasons necessary to meet the mandates under this section of the athletic protocol.

Parents will be responsible for paying *any* expenses incurred during this process for both additional drug testing and drug education/counseling protocol.–However, financial assistance for counseling *may* be available to those students receiving financial assistance from the district as indicated by the free-reduced lunch program, but only after any/all private insurance coverage has been utilized by the parents/guardians.

The next two athletic seasons are defined as Fall, Winter, or Spring.

The 3rd violation

The student is permanently denied participation in athletics/ extra-curricular activities in the Cedar Cliff Local School District.

Violations are accumulative throughout the student's secondary school career.

7. SELF REFERRALS:

A participant may give one self-referral, when the student feels/believes he/she may have a substance abuse problem. This may only be done during their high school tenure. Self-referrals can only happen before a test is done. Counseling and additional testing are required and no other punitive action is to be taken.

VIOLATION OF SUBSTANCE ABUSE POLICY

When the principal determines that there is a preponderance of evidence, or reliable evidence from a staff member of the Cedar Cliff Board of Education and the Greene County Career Center: ***The preponderance of evidence shall constitute a violation and the following penalties will apply to any Cedarville student that has violated one of the above rules at anytime during the school year (August 1-June 10):***

All hearings related to possible violations of the rules on the use of tobacco, alcoholic beverages, and drug shall be held in the presence of the principal and the athletic director of Cedarville High School. The principal of Cedarville High School shall be responsible for notifying the athlete, his or her parents, and the athletic director of any denial of participations, disciplinary action, or probation involved as the result of the rule violations.

ADMINISTRATION OF ATHLETIC PROGRAM

ATHLETIC COUNCIL

The governing body of Cedarville High School Athletics shall be the Athletic Council. All coaches and persons connected with athletics at Cedarville High School will be bound by the decisions of this council. It shall consist of seven people highly involved in the athletic program. Meeting dates shall be held periodically at the principal's/athletic director's discretion.

ATHLETIC BOOSTERS

Athletic Booster Club is made up of a group of parents of student athletes that help support the Athletic Department programs through fund-raising efforts which may include the organization of the concession stands, Impson Invitational and Golf Scrambles. The Athletic Boosters meet the first Monday of the month in the High School Health Room. Money raised by the Athletic Boosters helps support the athletic programs for all grades 7-12.

ADMINISTRATIVE INVOLVEMENT

The administrative head of the high school (principal) shall be held responsible in all matters in the high school which concern interscholastic athletics.

The Athletic Director is the Principal's representative in matters pertaining to the Athletic Program and is directly responsible to him/her.

Cedarville High School in conjunction with its Department of Athletics follows the chain of command listed below. We ask that parents observe the order of this line of communication, if they elect to pursue any concern they may have with regard to the athletic program:

1. Head Coach
2. Athletic Director
3. Principal
4. Superintendent
5. Board of Education

EQUIPMENT

All equipment purchased by or donated to the school is the property of the school. An athlete caught stealing any equipment will be denied participation for the remainder of the season. If the athlete is not involved in a sport at the time, they will be denied participation in all athletics for the next two sports seasons. The athlete will also be disciplined under the rules and regulations of the Cedarville Student Handbook.

When equipment is issued to the athlete, s/he becomes responsible for that equipment and upon request of the coach the athlete must return that equipment in the condition he/she received it. Failure to do so will result in the holding of all rewards earned by the athlete

as well as preventing her/him from going out for any other athletic team at Cedarville Local schools until all equipment has been returned or a reimbursement of replacement cost has been made. The cost of the unpaid missing equipment will be turned in to the office and placed on the school bill.

Athletic equipment is for practice and game use only. No game or practice equipment is to be worn to school or altered in any way unless you have the permission of your coach. Any athlete who wears athletic equipment or uniforms in violation of this policy will be denied participation in the next game or contest.

TICKETS AND ADMISSIONS

Admission will be charged according to the amount set by the league, up to the maximum. League passes shall be honored. *Students participating in the athletic programs of Cedar Cliff Local Schools are not exempt from being charged admission to athletic events when attending as spectators.*

The Cedarville Athletic Department offers season passes to various sports to **home games only**. For details, contact the athletic department.

FUNDRAISERS

On occasion athletic teams will have fundraisers to help support their program and the athletic department. The fundraiser will be coordinated by the head coach and have the approval of the Athletic Director and Principal. All money received will be deposited into the Athletic Department account for that sport.

FINANCES

1. All receipts from admissions in athletic contests shall be placed in the athletic account to be used for the promotion of athletics.
2. No money shall be paid from the athletic account except of the permission of the athletic director and the principal.
3. Vouchers for meals, trips and incidentals must be filed with and authorized by the Athletic Director before payment can be made.
4. The purchase of athletic equipment and supplies must be authorized by the Athletic Director.

INDIVIDUAL COACH'S RULES

Coaches may establish additional rules and regulations for their respective sports with the approval of the Athletic Director. These rules must be given in writing to all team members and explained fully at the start of the season. Penalties for violation of team rules shall be administered by the coach and reported to the administration and/or the Athletic Director. A copy of all team rules are on file in the Athletic Director's office.

NON-INTERSCHOLASTIC PARTICIPATION

Participation in a non-interscholastic contest while a member of a school squad in the same sport is prohibited. The OHSAA establishes rules allowing athletes to participate in non-interscholastic competition prior to and after the school year and all guidelines regarding non-interscholastic competition can be found at:

<http://ohsaa.org/Portals/0/About-the-OHSAA/GeneralSportsRegulations.pdf>

The penalty for violation during the school season for any athlete is ineligibility for the remainder of the season. The maximum penalty for violation of the out-of-season regulations for any athlete except a senior is ineligibility for the ensuing season. For a senior, the maximum penalty is ineligibility for all sports for the remainder of the school year. To be safe, check with the Athletic Director before participating on a non-interscholastic team. School activities, practices, banquets, etc. take priority over out-of-school activities.

SQUAD SELECTIONS

In accordance with our philosophy of athletics, our desire to see as many students as possible participate in athletic programs while at Cedar Cliff Local Schools, we encourage coaches to keep as many students as they can without upsetting the integrity of their sport. Time, place, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. Choosing the members of the athletic squad is the sole responsibility of the coaches of that squad.

** Both HS and MS students who attempt to join a team after the official first day of the season must meet the same criteria as those established and outlined under the withdrawal and dismissal section of the athletic handbook.*

Prior to trying out, the coach shall provide the following information to all candidates for the team:

1. Extent of try-out period.
2. Criteria used to select the team.
3. Number to be selected.(if applicable)
4. Practice commitments if they make the team.
5. Game commitments if they make the team.

When a squad cut becomes a necessity, the process will include two important elements. Each candidate shall have:

1. Competed in a minimum of three practice sessions.
2. Been informed by the coach in person of the cut, including the reason for the action.

VACATION POLICY

Vacations by athletic team members during a sport season are strongly discouraged. Parents who wish for their child who is involved on an athletic team to attend vacation with them are required to...

1. Inform the head coach **TWO WEEKS PRIOR** to the vacation.
2. Assume the consequences related to their status on that squad as a starter, 2nd string, 3rd string, etc.
3. Be willing to make up physical conditioning that they missed.

ATHLETIC AWARDS PROGRAM

EARNING A LETTER

Letters for high school athletes shall be earned in accordance with the requirements set forth by the athletic council, which are as follows:

- **Varsity Basketball** – A participant must play in at least one-half of the quarters played by the team in regular contests.
- **Reserve Basketball** – A participant must play in one-half of the quarters played by the reserve team in regular contests, or if his combined quarters equal one-half of the total quarters played by the reserve team.
- **Varsity Football** – A participant must play in at least one-half of the quarters played by the team in regular contests.
- **Reserve Football** – A participant shall be a ninth, tenth or eleventh grade student and must play in one-half of the quarters played in regular contests *as per OHC League Rules*.
- **Cross Country** – A participant must finish among the top seven (7) point earners yearly. If less than a full team (4) participates, a percentage system determined by the Athletic Director and coach will be used.
- **Varsity and Reserve Baseball and Softball** – A participant must play in at least one-half of the innings played by the team in regular contests; pitcher one-fourth of all innings.
- **Varsity Volleyball** – A participant must play in at least one-half of the games played by the team in regular contests.
- **Reserve Volleyball** – A participant must play in at least one-half of the games played by the reserve team in regular contests.
- **Varsity Track** – An athlete must participate in three-fourths of all scheduled track meets and earn an average of two (2) points per meet (number of meets x $\frac{3}{4}$ x 2 points), or the athlete must participate in three-

fourths of scheduled meets and earn one point in the League Conference Meet or District Meet.

- **Golf** – A player must compete in one-half (1/2) of the Varsity contests in a season in order to qualify for a varsity letter.
- **Tennis** – A player must play in one-half (1/2) of the matches. If there are an odd number of matches, then the player must play in one-half (1/2) half of the rounded down number of matches.

Middle School 7/8 athletes receive one letter throughout their junior high career. If a second letter is earned, a metal sport insert will be issued. Middle School letters shall be earned in accordance with the requirements set forth by the athletic council, which are as follows:

- **Basketball** – one-half of all quarters played
- **Football** – one-half of all quarters played
- **Track** – two points per average in $\frac{3}{4}$ of meets or one point in a league meet.
- **Volleyball** – one-half of the games played.
- **Cross-Country** – one-half of completed meets.

SPECIAL CIRCUMSTANCES/INJURY/ILLNESS

A player who is unable to complete a season in any sport due to injuries or illness or special unforeseen circumstances shall be eligible to receive a letter if a *coach or athletic director* feels that he/she would have won a letter had not the injury occurred.

ADDITIONAL AWARDS

- **TROPHIES**

Volleyball
Most Valuable
Coach's Award

Track
Most Valuable
Coach's Award

Tennis
Most Valuable
Coach's Award

Football
Most Valuable
Coach's Award

Basketball
Most Valuable
Coach's Award

Cross Country
Most Valuable
Coach's Award

Softball/Baseball

Golf

Most Valuable
Coach's Award

Most Valuable
Coach's Award

- **PICTURES**

Pictures of all league Championship Varsity and District Runner-Up/District Championship teams will be permanently mounted on the wall.

** Senior banners displayed for athletic seasons must be taken by the Cedarville High School official School photographer during the season athletic program photo session. This is a voluntary activity and parents are not required to purchase photos/banners for display.*

ADDING AND DELETING SPORTS

GUIDELINES FOR ADDING SPORTS

The following items will be considered by the Athletic Council in making its determination:

1. The Athletic Department must be financially able to initiate and sustain the sport for at least 5 years.
2. The sport is consistent with our conference sports program and with the overall athletic program of Cedarville High School.
3. Lasting student interest exists.
4. Facilities are available.
5. Qualified coaches are available.
6. No non-school sport exists which will fulfill the need.
7. The new sport will be able to achieve reasonable success (objectives).
8. The sport will be offered for both boys and girls. If not, Title IX regulations must be considered.

GUIDELINES FOR DELETING SPORTS

The following items will be considered by the Athletic Council in making its determination:

1. Interest falls below (numbers) OHSAA team sport standards and Cedar Cliff Local School District's Team Roster Requirements
2. Finances will not permit.
3. Reasonable numbers will not allow for practice.
4. No qualified coaches are available.

TEAM ROSTER REQUIREMENTS

Team Rosters will be established after the try-out period. A list will be turned into the Athletic Director no later than the fifth day of practice to determine eligibility. Any roster changes will be approved by the Athletic Director and/or the Principal. There is a minimum and a maximum number of athletes allowed on each team. A team that does

not meet the minimum number may be subject to the cancellation of their season pending a decision by the principal and/or AD. The following minimums and maximums per team are as follows:

	Minimum	Maximum (Maximum team limits subject to Coach/AD/Administrator Recommendations)
Cross Country		Individual Participation Permitted per Athletic Director and Principal Decision
Football (MS Football)	15 13	
Volleyball (Per Team- JV/Varsity/Fresh.)	9	
Golf		Individual Participation Permitted per Athletic Director and Principal Decision
Basketball (Per Team- JV/Varsity/Fresh.)	8	
Tennis	7	
Baseball (Per Team- JV/Varsity)	12	
Softball (Per Team- JV/Varsity)	12	
Track		Individual Participation Permitted per Athletic Director and Principal Decision

CEDARVILLE MIDDLE SCHOOL AND HIGH SCHOOL STUDENT ATHLETIC HANDBOOK

Please sign, detach, and return the signatures selection below to the head coach or Athletic Director.

We have read and agree to abide by the Cedarville Athletic Handbook and have been advised of all the risk associated with participation in inter-scholastic athletic programs.

Student _____ Date _____

Parent/Guardian _____ Date _____

Student Grade _____

Sport(s) Participating in _____

CEDARVILLE HIGH SCHOOL INFORMED CONSENT AGREEMENT

STUDENT NAME _____ GRADE _____

AS A STUDENT:

- I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the Cedarville High School Drug Testing Policy.
- I have read the Drug Testing Policy and thoroughly understand the consequences that I will face if I do not honor my commitment to the Drug Testing Policy.
- I understand that when I participate in any covered program I will be subject to initial and/or random drug & alcohol testing, and if I refuse, I will not be allowed to practice or participate in any covered program activities. I have read the informed consent agreement and agree to its terms.
- I understand this agreement is binding while I am a student in the Cedar Cliff Local School District.

_____ STUDENT
SIGNATURE DATE

AS A PARENT/GUARDIAN/CUSTODIAN:

- I have read the Cedarville High School drug testing policy and understand the responsibilities of my son/daughter/ward as a participant in athletic activities in the Cedar Cliff Local School district.
- I pledge to promote healthy lifestyles for all student athletes in the Cedar Cliff Local School system.
- I understand that my son/daughter, when participating in any covered program, will be subject to initial and/or random urine drug and alcohol testing, and if he/she refuses, will not be allowed to practice or participate in any covered activities. I have read the informed Consent Agreement and agree to its terms.
- I understand this agreement is binding while my son/daughter is a participant in athletics in the Cedar Cliff Local School District.

_____ DATE
PARENT/GUARDIAN/CUSTODIAN SIGNATURE

_____ WORK PHONE
PARENT GUARDIAN/CUSTODIAN PRINTED NAME

INFORMED CONSENT AGREEMENT
(For Parents/ Guardians who Opt-In for the Drug Testing Program)

We hereby consent to allow the student named on the reverse side to undergo drug testing for the presence of illicit drugs, alcohol, or banned substances in accordance with Policy and Procedures for Drug Testing of the Cedar Cliff Local School District.

We understand that testing will be administered in accordance with the guidelines of the Cedar Cliff Local School District Drug Testing Policy for student athletes.

We understand that any sample taken for drug testing will be tested only by a Board approved company.

We hereby give our consent to the company selected by the Cedar Cliff Board of Education, its employees, or agents, together with any company, hospital, or laboratory designated to perform testing for the detection of drugs.

We further give our consent to the company selected by the Cedar Cliff Local Board of Education, its employees, or agents, to release all results of these tests to designated School District employees or agents. We understand that these results will also be available to us upon request.

I, the student, hereby authorize the release of the results of such testing to my parent/guardian/custodian.

We hereby release the Cedar Cliff Local Board of Education, its employees or agents from any legal responsibility or liability for the release of such information and records.

This will be deemed a consent pursuant to the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g as amended, and the Ohio Revised Code 3319.321, for the release of the test results as authorized by the Informed Consent Agreement or as required by law.

Opt In Student Drug Testing Consent

STUDENT NAME _____ GRADE _____

AS A STUDENT: I understand that I may be drug tested with my parents' consent under the Opt In student drug testing program. I understand this agreement is binding while I am a student in the school system.

STUDENT SIGNATURE

DATE

AS A PARENT/GUARDIAN/CUSTODIAN: I understand that by signing this consent I will allow the school district to perform drug and/or alcohol testing on my son or daughter, the results of which will be released to me and only me. I further understand, as part of the opt-in process, all expenses related to drug testing will be at my expense unless my financial situation warrants assistance by the Cedar Cliff Local School District.

PARENT/GUARDIAN/CUSTODIAN SIGNATURE

DATE

PARENT GUARDIAN/CUSTODIAN PRINTED NAME,

ADDRESS

()

PHONE

**CEDARVILLE MIDDLE
SCHOOL AND HIGH SCHOOL
ATHLETIC HANDBOOK**

