



HS/MS Athletics Announcement(s):

We wanted to take a moment and pass along some information to everyone, as it pertains to HS and MS athletics for the Cedar Cliff School District.

First of all, we wanted to let everyone know that we were forced to raise the athletic participation fee this year to \$125.00 (it was previously \$100.00). The Athletic Council met last week to evaluate budgetary concerns and felt the increase was necessary to continue our programming.

We would like to remind everyone, once an athlete has participated in two sports, the third season will be at no charge to the family—just as it has been in past school years. We had hoped to avoid raising participation fees, but the costs of virtually everything associated with sporting events have risen in the past few years and the council believed we needed to address budgetary shortcomings. Participation fees have not increased in over 15 years and we sincerely hope this change will provide the resources the district needs to avoid an increase again for some time. We will reevaluate our bottom line at the end of this school year when we establish budgets for next year's programming. I would like to thank the boosters as they have covered the cost for our families in which the fees are a hardship and have agreed to continue to do so in the future. We apologize for this increase and ask for your understanding of our current situation.

Secondly—for those students who still need sports physicals, the following flyer from the Cedarville Family Practice was provided to me for dissemination. Feel free to see them and take care of this mandate if you have not already done so.

Thanks to all—Let's have a great sports season and *Go Indians!*

A handwritten signature in black ink, appearing to read 'Chad Mason'. The signature is fluid and cursive, with a large initial 'C'.

Chad Mason, Superintendent



Sports Physicals

\$25

Well Child Check

(with Sports Physical included)

covered by insurance

It's a dual race to both enjoy the summer and get things completed before the school year begins. Well-child checks, sports physicals, and kindergarten screenings comprise much of summer bookings in Primary Care offices across the country.

What is the difference between a well-child check and sports physical? The American Academy of Pediatrics, the American Academy of Family Physicians, the American College of Sports Medicine, and other governing bodies have recommended that a preparticipation physical evaluation be a part of a student's health screening visit. Whether this visit is completed in a primary care office or at a screening center, expect questions to be asked such as history of concussion, family history of heart disease, anxiety, sleep, and nicotine use (vaping or cigarettes). In a sports physical setting, your child will be seen by a provider and form completed.

At a well-child check, your doctor's provider can be a little more comprehensive. Milestones are measured, immunizations checked to make sure all is in order, and additional interventions that keep your child healthy are ordered or discussed. With a focus on prevention and personalized care, many parents find that scheduling a well-child check allows the unique needs of their child to be assessed. The visit allows for forms turned in within the year to be completed by the office staff.

Children entering kindergarten also need a visit and likely some immunizations to complete the screening requested by the child's school. A well-child check ensures you and your child have a chance to review a growth chart and ask personalized questions about health concerns you or may have. Let your child know about immunizations just ahead of time and have some fun surprises to help celebrate growing up.

Call and schedule the visit most appropriate for your child. We would love to answer any questions that you may have. In an uncertain year, we want to help make the most of the summer memories you spend with your family and help be prepared for the year ahead.

Cedarville Family Practice

29 Kyle Drive

Cedarville, OH 45314

(937) 766-2611

Providers

Denise Kennedy, MD

Angela Paugh, CNP

Thomas Stock, CNP

Marcia Williams, CNP

Accepting new patients of all ages and insurance types!